Developing an Integrated Care Pathway for Borderline Personality Disorder (BPD)
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Results
Mapping demonstrated variations in clinical practice, and differing availability of treatments across Ayrshire. Stakeholder consultation illustrated training needs for all staff disciplines, and the introduction of robust peer and clinical supervision practices.

ICP Group achievements to date:
• Five stage care pathway map
• Guide for GPs “Managing BPD in General Practice”
• Local algorithm “Psychopharmacological treatment of BPD”
• Service User / Carer leaflet “What BPD is (and isn’t)”
• Tiered training opportunities “A framework for development of skills and competencies in working with people with BPD” including
  • First Principles Clinical Training, Making Positive Connections and Introduction to Mentalization Based Skills
  • Development of local standards in the role of the care co-ordinator and managing transitions
  • Engagement with the Scottish Personality Disorder Network (SPDN)

Methods used:
• care process mapping sessions,
electronic patient record (FACE)
• clinical audit / variance analysis
• clinical supervision
• stakeholder feedback
• service user and carer consultation

Conclusions:
Developing an ICP based on one national standard unearthed the need for local standards in more areas of care provision for service users with this diagnosis, in order to lead to improvement of practice, training and staff supervision, and ultimately in the treatment outcomes and recovery opportunities of our service users.